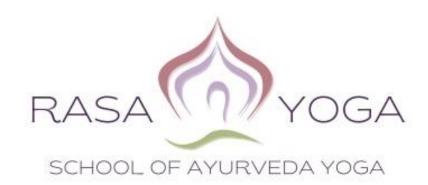
Rasa Yoga Cikitsa Program Application



Pre-requisites

Rasa Yoga Cikitsa program requires the completion of a 200-hour yoga teacher training course. Students may meet this requirement through several paths:

- Rasa Yoga Virarupa I Certification
- Rasa Yoga TT200 Certification plus Bridge Program
- 200-hour Teacher Training course from another yoga school plus Bridge Program

In addition to a 200-hour teacher training certification, students applying to the Rasa Yoga Cikitsa program must also have a *minimum* of:

- One (1) year of personal practice
- One (1) year of teaching experience

Students applying with a 200-hour teacher training from outside Rasa Yoga School of Ayurveda Yoga will complete a Bridge Program before beginning the Rasa Yoga Cikitsa program.

Application Instructions

Application Components:

- Completed application form (in this package)
- Biographical resume including yoga experience, training, future teaching plans, and statement of purpose for applying to the Rasa Yoga Cikitsa program
- One letter of recommendation from a previous yoga teacher
- Three (3) page essay describing how you see yourself in 5 years, emphasizing how you see the Rasa Yoga Cikitsa program as a necessary part of your path.

Submit Completed Application in person, email to doyoga@rasayogaschool.org, or Mail To:

Rasa Yoga

17226 Mercury, Suite 108 Houston, TX 77058

Induction Meeting:

After application into the **Rasa Yoga Cikitsa** Program, the Program Director will conduct an Induction interview to discuss your application, intention for training as a yoga therapist and discuss program requirements. This is typically a 1- to 2-hour meeting.

Rasa Yoga Cikitsa Program Application

1. PERSONAL INFORMATION (please include a recent photo)

Name:		
Home Phone:	Cell Phone:	
Office Phone:	E-mail:	
Address:		
City:	State: Zip:	
2. YOGA PRACTICE INFORM	MATION	
What style(s) of Yoga do you pra	actice regularly?	
	in hours)?	
If you are currently teaching Yog	ga, how many hours do you teach per week?	
	Yoga do you teach? (if applicable)	
	u start to practice Yoga and teach Yoga (if applicable)?	
Please provide the names of you	ur principal teachers or schools:	
If you meditate, how long have y	you been meditating, and how often do you meditate?	
3. HEALTH INFORMATION If you are under medical treatments	(Confidential) ent or supervision, for which condition(s)?	

If you are pregnant, when is your due date? _	
If you are currently receiving psychotherapy,	psychiatric treatment, and/or counseling, for which condition(s)?
If you have ever been hospitalized or received condition(s)?	g psychiatric treatment, when did this occur and for which
If you have any chronic physical impairment (nature and extent of your health challenge?	e.g., vision, hearing, movement, etc.), what is the
Do you have any communicable diseases?	
During the past three years have you been ad	dicted to drugs or alcohol? If so, please explain.
If you are using any prescription medication, p	please indicate type, dosage, and frequency:
4. EMERGENCY CONTACTS	
Name:	Phone:
Physician:	Phone:
Therapist:	Phone:

5. ADDITIONAL INFORMATION

-	learn about Rasa Yoga Cikitsa training program? or indicating all applicable.)
	_ Rasa Yoga teacher/student
	_ Rasa Yoga Website
	_ Facebook
	_ Google
	_ Family/friend/health care provider
	_ Other:
6. DECLAR	ATION OF DISCLOSURE AND ACCEPTANCE OF TERMS
of this inform certification. agreements to	are that the above information is true to the best of my knowledge. I understand that misrepresentation nation constitutes grounds for rejecting this application, expulsion from the program, or revocation of I have read the <u>Code of Conduct</u> and understand and accept the conditions, requirements, and therein. I understand that I am entitled to NO refunds, credits, or adjustments resulting from my failure y of these conditions.
7. REFUND	POLICY
induction, mountains	or transfers on Rasa Yoga Cikitsa program tuition or fees. Tuition and fees includes all courses, entoring, 10 private lessons, assessment and administrative fees. Boutique credit on unused and oga therapy supplies purchased within 14 days. No refund or credit on books. No refunds or credit on accommodations and travel to residential trainings required for Rasa Yoga Cikitsa Program.
8. SIGNATI	URE
	to this training program you agree to comply with these terms. Your signature below acknowledges ent with this policy.
Signature:	Date: